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KAPLAN UNIVERSITY LAUNCHES ONLINE HEALTH AND WELLNESS CENTER

New website offers a free knowledge bank for information about healthy lifestyles and careers in the Health and Wellness industry

DAVENPORT, IA, June 10, 2009—Kaplan University, a leading provider of online higher education for adult learners, today announced the launch of its new online Center for Health and Wellness, a website designed to give valuable insights about healthy lifestyles and careers in health and wellness. The online Center features current industry headlines, information about Kaplan University health science degree programs, articles from Kaplan faculty and helpful links.

“We are excited to share this useful and engaging source with the general public. Our hope is that it will help build a community among those interested in healthy living and will provide us with a platform to share the latest innovations in health and wellness,” said Keith L. Smith, Ed.D., Dean of Kaplan University’s School of Health Sciences, which offers associate’s and bachelor’s degree programs in the health sciences.

In addition to articles and advice about healthy living, the site provides links to free online yoga classes, exercise and diet journals, and audio and video lectures about massage and meditation.

“The Center for Health and Wellness at Kaplan University is the ideal place to find information about every aspect of wellness, from fitness to nutrition to acupuncture, naturopathy and herbal medicine,” said Behty Harrison, MA, DOM, LAc, the Center’s Director. “Whether you are a health enthusiast or someone interested in pursuing an online degree in health and wellness, the Center provides a robust, user-friendly site with timely information about the industry.”

To explore Kaplan University’s new Center for Health and Wellness, go to <http://healthandwellness.kaplan.edu/>.

About Kaplan University

Kaplan University offers a different school of thought for higher education. It strives to help adult students unlock their untapped talent by providing a practical, student-centered education that prepares them for careers in some of the fastest-growing industries. Based in Davenport, Iowa, the University is regionally accredited by The Higher Learning Commission (HLC) and is a member of the North Central Association of Colleges and Schools (NCA). Kaplan University offers more than 100 academic programs and currently serves more than 58,000 online and campus-based students. To learn more about Kaplan University, visit www.kaplan.edu.

Kaplan University is part of Kaplan Higher Education, which serves more than 100,000 students through 70-plus campus-based schools and online operations across the United States and abroad. It also has

online programs through Kaplan Virtual Education and Concord Law School of Kaplan University. Kaplan Higher Education schools offer a spectrum of academic opportunities, from high school diplomas to graduate and professional degrees, including a juris doctor degree. Kaplan Higher Education is part of Kaplan, Inc., a subsidiary of The Washington Post Company (NYSE: WPO). For more information, visit www.kaplan.com.

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